

Bachelor of Science in Health & Physical Education K–12

The Bachelor of Science in Health and Physical Education K–12 is a degree in education that will lead to teacher certification in Health and Physical Education K-12 and a coaching endorsement.

- Completers will demonstrate content knowledge in the area of health and physical education relevant to effective teaching in grades K–12.
- Completers will utilize effective pedagogical strategies to meet the needs of a diverse community of learners.
- Completers will model effective management of student behavior and classroom procedures to establish a positive culture for learning.

General Education Requirements (44 hrs.)

The Biblical World (6 hrs.)

The Biblical Story	3 hrs.
The Christian Worldview	3 hrs.

The Cultural World (15 hrs.)

English Composition I and II	6 hrs.
World Literature I or II	3 hrs.
Speech Communication	3 hrs.
Humanities elective (choose one) (<i>Any appreciation course or philosophy</i>)	3 hrs.

The Social World (9 hrs.)

American History & Politics (<i>U.S. History Before 1865 or Since 1865 or Am. Govt.</i>)	3 hrs.
The West & Global Cultures (<i>Western Civilization I or II or World Geography</i>)	3 hrs.
General Psychology	3 hrs.
Sociology	3 hrs.

The Natural World (14 hrs.)

Health and Physical Education (<i>one hour must be physical activity</i>)	4 hrs.
Natural science and mathematics (<i>Must include at least one chemistry, biological science, or physical science course with a laboratory class, and one mathematics course MT1133 or higher, and excluding MT1123 Intermediate Algebra, MT 3133 Math for Teachers I, MT 4123 Math for Teachers II, GS 3213 Science for Teachers: K-6, and GS 3233 Science for Teachers: 4-8. MT 1123 Intermediate Algebra may be required if Math ACT score is less than 19. The mathematics requirement may be waived if Math ACT is 28 or higher.</i>)	10 hrs.

Specialization Requirements (43 hrs.)*

Activity Courses (4x)	4 hrs.
Concepts of Athletic Injuries	2 hrs.
Principles of Physical Education	3 hrs.
Kinesiology	3 hrs.
Anatomy and Physiology	4 hrs.
Exercise Physiology	3 hrs.
Rhythmical Activities for Elementary Grades	2 hrs.
Theory and Practice of Coaching**	4 hrs.
School Health Education K–12	3 hrs.
Motor Development	3 hrs.
Adaptive Physical Education	3 hrs.
Health and Physical Education Methods I	3 hrs.
Health and Physical Education Methods II	3 hrs.
Organization and Administration of P. E.	3 hrs.

Pre-Professional & Professional Requirements (18 hrs.**)

Introduction to Teaching	3 hrs.
Child Development and Learning Process	3 hrs.
Integrated Methods & Classroom Management	3 hrs.
Adolescent and Adult Development	3 hrs.
Study of the School (block course)	3 hrs.
Measurement and Evaluation (block course)	3 hrs.

Clinical Internship (15 hrs.)

Clinical Internship I	6 hrs.
Clinical Internship II	6 hrs.
Internship Seminar	3 hrs.

Total Required Hours: 120 hrs.

*At least 21 of these hours must be taken at WBU. Specialization courses to be transferred must be approved by the department chair. **A grade of C or better is required of all specialization courses.**

**For the admission requirements, retention procedures, dismissal procedures, and exit requirements of the Teacher Education Program, see Department of Education.

***For coaching endorsement 4 hours of coaching theory must be completed.